



Summer 2011

Elder abuse forum set for July 26

Domestic violence and abuse is not limited to young people. It also is found among senior citizens and the elderly.



Kimberly Theobald

It may be the continuation of long-term spousal abuse or it may result when seniors are injured or taken advantage of by caregivers or family members. It may come in the form of physical violence, emotional or financial abuse.

All such behaviors fall within the realm of what is commonly called elder abuse and, according to Kimberly Theobald, a J.D. Adult Protective Services worker with NorthWest Senior & Disability Services in Tillamook, it is widespread in Tillamook County.

Theobald will discuss the signs of elder abuse, how to recognize it and how, as individuals and a community, we can empower and protect our elders, when she appears at a free public forum sponsored by Tillamook County Women's Resource Center. The forum is set for Tuesday, July 26, from 4 to 6 p.m. in the Mark Hatfield Room at the Tillamook County Library in downtown Tillamook.

What Theobald has to say may surprise or even shock you, but it is a program not to be missed.

There is no charge for the event and refreshments will be served. To ensure sufficient seating and food, reservations are encouraged by contacting Romy Carver, at (503) 842-8294, extension 209.

New things growing at The Wild Flower

New sales and donor options are designed to boost donations and store business

Tough times are bringing new programs and new ways for local shoppers to save at the Wild Flower Thrift Boutique.

In the wake of state budget cutbacks that are affecting funding for Tillamook County Women's Resource Center, Melissa Finnell, manager of the Wild Flower, is developing a program of special sales and promotions to introduce more local residents to the store, attract more volunteers and increase donations of good used merchandise.

The newest development, said Finnell, is that the Wild Flower can now accept donations of all titled vehicles, whether they run or not. And Wild Flower personnel will come pick up vehicles that cannot be driven in.

"This is a win-win for everyone," she said. "We can sell the vehicles to help support our services to local women and children and the donors can get rid of unwanted cars and trucks without the cost of hauling them away, plus they can receive a tax deduction."

Finnell also has set up a schedule of special promotions to attract shoppers and help those who are trying to make every dollar count.

"Our standing Color Code Special is always in effect," she said. "We attach colored tags to our merchandise and offer discounts on merchandise marked with the sale color of the day. Our goal is to make room to continuously add new merchandise and either sell or remove older items. This keeps our inventory fresh and interesting to our customers."

Another standing special is the "3 for \$1" sale that is held the last Saturday of each month. On Fridays, you can take advantage of a bag sale in which all used clothing or domestic items, such as linens, that you can fit into one of the store's bags costs you a total of just \$10. Also on Fridays, all new clothing is half off.

Lastly, on Wednesdays, the Wild Flower offers a 20 percent senior discount for any purchase

over \$10. All shoppers age 55 or older can take part.

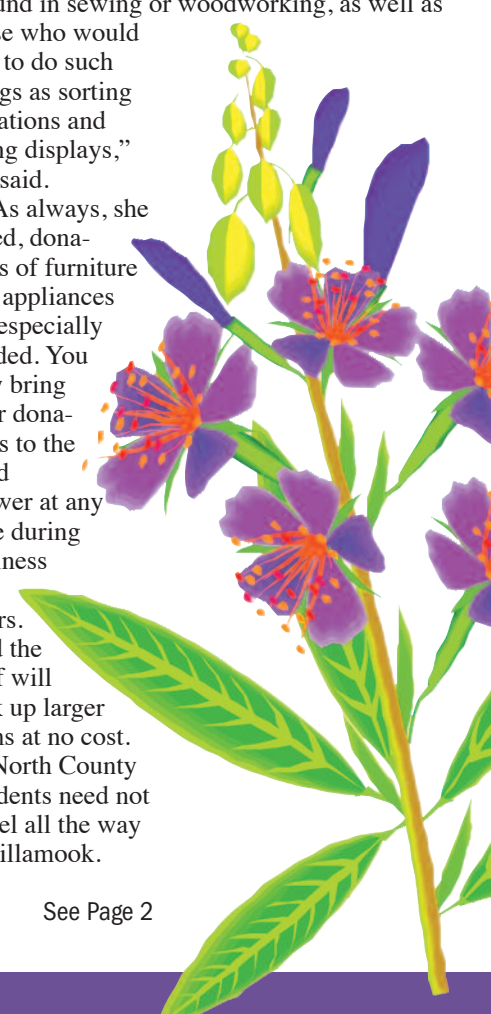
Due to recent state budget cutbacks, the program that paid Women's Resource Center for training retail workers has been cut in half. Since there are now fewer subsidized workers helping at the store, Finnell said there are now more opportunities for volunteers to get involved.

"We especially need volunteers with a background in sewing or woodworking, as well as those who would like to do such things as sorting donations and doing displays," she said.

As always, she noted, donations of furniture and appliances are especially needed. You may bring your donations to the Wild Flower at any time during business

hours. And the staff will pick up larger items at no cost.

North County residents need not travel all the way to Tillamook.



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From My Desk



By Kathleen Marvin
TCWRC Executive Director

I know that many in our community are experiencing economic hardships in these challenging times. Tillamook County Women's Resource Center, like many nonprofits, is also faced with financial challenges related to budget cutbacks at the government agencies which provide a portion of our support.

Although, at this writing, we still had not received final details of our Department of Justice funding, we already have seen other cuts. One of them was a 50 percent reduction in state support for our job training program at our Wild Flower Thrift Boutique retail facility. And, in anticipation of other funding cuts, we have already laid off one part-time person from our center's administrative staff. Ironically, we are facing these challenges at a time when the demand for our services is growing faster than ever before.

But hand-wringing will not accomplish anything. So we are doubling down on our efforts to grow one of our major funding sources: The Wild Flower.

As you will see in our front-page story, we now are accepting gifts of scrap vehicles (providing the donor can present proof of title) as well as vehicles in operational condition. And we are working on ideas to increase traffic in the store, along with donations, to help grow our sales. We also are looking for additional donation drop-off locations around the county to make donating even easier and we are seeking more volunteers to help us run the store.

We know that our Wild Flower business may be impacted next year by the opening of the proposed Goodwill store off Highway 6. But we believe our low pricing, multiple dropoff locations and commitment to spend ALL THE MONEY RAISED HERE on LOCAL services will help us maintain and even grow our income from sales, despite the competition.

You can help. If you have not yet shopped the Wild Flower, I urge you to give us a try. If you have, please encourage your friends to do the same or, better yet, take them with you on a shopping party during one of our regular promotional sales. And, of course, you can help by donating your unwanted items and encouraging others to do the same.

We in Tillamook County have lots of experience with difficult challenges. We always pull together and come through it. I know Women's Resource Center can do the same, with your help.

RIGHT: Repair technician Mike Hayes with some refurbished appliances.



BELOW: Clothing is cycled through frequently and we always need donations of good used furniture.



New at The Wild Flower

From Page 1

They may drop off their donations at Nehalem Landing Storage Center near Manzanita – (503) 368-7001 – for us to pick up later.

The Wild Flower also is looking for people willing to donate the use of a storage unit or small warehouse in Cloverdale or Hebo and in the Netarts-Oceanside area where donors may drop off their items.

“We would like to encourage everyone to consider donating their unwanted items instead of going through the hassle of holding a garage sale,” Finnell continued. “Rather than having to put up signs, stick tags on items, spend two days of valuable free time, worry about managing a cash box and possibly make

less money than it is all worth, you can donate your items to us. When you do, you not only are helping women and children all over Tillamook County, your donations are tax deductible.”

The Wild Flower accepts donations of all types of household items, including clothing, furniture, large and small appliances, tools, books, dishes, glassware and seasonal items.

There are only a few things The Wild Flower cannot take. For public health reasons, it cannot accept used baby furniture, stuffed animals or stained upholstered items. It also does not accept old encyclopedias or reference books.

The Wild Flower Thrift Boutique is at 114 Main Ave., Tillamook, (503) 842-2996.

Community Outreach

New bilingual advocate served with the Peace Corps in Guatemala

When Emily Fanjoy, 27, was growing up in Logansport, Indiana, she always knew she wanted a life of adventure and travel. That spirit eventually led her to two years in the Peace Corps living in a hut in the mountains of Guatemala.

Now, thanks to a 30-month grant from the Oregon Department of Justice, she is the newest member of the staff at Tillamook County Women's Resource Center, serving as a bilingual advocate.

She will be stationed part of the time at the local Department of Human Services and County Health Department offices to work with teen mothers, pregnant women and others in need of counseling around the issues of domestic violence and sexual assault.

Although Tillamook is a long way from Guatemala, Fanjoy says her experiences in that remote area were valuable to her work here.

"From the age of 16, I wanted to break away and do something different from everyone else," she recalled. So, while attending college in Illinois, she studied for a year in Barcelona, Spain, learning Spanish. Then, after she graduated in 2006, she and her new husband Jim Fanjoy signed up for the Peace Corps.

"It is a long process and it took us two years to get an assignment," she explained. While she waited, she worked on a fellowship, studied teaching techniques in Spanish and taught adult education. Then, in 2008, she and her husband were assigned to the remote Huehuetenango region of Guatemala, where they served for two years.

Upon returning, Jim Fanjoy got together with a long-time friend from Oregon and the couple moved to Tillamook County in 2010, where Jim, an architect, is getting established in his profession. The two of them also are working a piece of land, where they hope to grow organic fruit and produce.

"We have often been asked why we came to Tillamook, when we could have gone anywhere," Emily remarked. "But it is truly beautiful here and the lifestyle is wonderful."

She said her work in Guatemala also prepared her for the interpersonal issues she would face as a bilingual advocate for Women's Resource Center.



ABOVE: Emily teaches reproductive health to a women's group in her village. "These shy women, after months of classes in which they asked few questions, really opened up. They'd never been told what their reproductive system looked like or how it worked. They were fascinated by the ovulatory cycle and pregnancy, even though some of them had 10-14 children!"

- Emily Fanjoy



ABOVE: A fellow volunteer, Nico, co-teaches a half-day session with middle school students on HIV/AIDS prevention. "This was one of the last things we did in our village because we waited until we'd done it with all the parents so, they knew the information we were giving to their children. This way they could speak in an educated manner to their children about the information and add what they felt necessary from their own religious and cultural perspectives."

- Emily Fanjoy

"People are the same everywhere," she explained. "There are still issues of power and control in relationships. People deal with conflict and anger and poverty everywhere."

Emily said her posting in Guatemala was life-changing.

"Our village was 12 hours from the capital city, in a mountainous region inhabited 100 percent by

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Community Outreach

Calendar

July is Elder Abuse Awareness Month. To learn about the problem here in Tillamook County, don't miss our public forum July 26.

This Summer – Peaceworks is forming a new “Fundamentals for Creating Personal Peace” group for women. Tam Hulbert will be facilitating the 12-week summer. For more information, contact Tam at (503) 842-3100.

Tuesday, July 26, 4-6 p.m. – Elder Abuse Forum (see story on Page 1.) Mark Hatfield Room at Tillamook Public Library, Third and Stillwell in Tillamook.

Tuesday, Aug. 9, 4-5:30 p.m. – Next Steps meeting at the Women's Resource Center office.

Wednesday & Thursday, Aug. 10-11 – We will staff a table at the annual Huckleberry Health Fair, which is part of the Tillamook County Fair. Stop by and say hello!

Wednesday, Sept. 21 – International Peace Day



Emily and Jim dressed in the traditional outfit of the Q'anjob'al Maya people with whom they worked and lived. “Our host family helped us navigate everything from the mundane details of shopping at the Sunday market to trickier issues of local politics and culture. They are a fantastic family.”

Emily

From Page 3

indigenous people,” she explained. “The language they spoke was not Spanish. It was Q'anjob'al, one of 22 indigenous languages in a country the size of the state of Tennessee.”

The people she worked with there had very little exposure to the advances of modern life or education. Women knew nothing of the mysteries of their own reproductive systems. Men had never been introduced to the concept of saving money or planning for the future. People lived day to day as their ancestors had done for centuries.

“We had no plumbing, no heat, no running water. Every day we hauled water and boiled it. We had an outdoor latrine. It was pretty intense,” she recalled.

She said there were some 200 families spread out through the mountain area around their village. The Fanjoys worked with about 80 of them.

“We taught them about boiling their water, about what a germ is and how it can make you sick. We taught them about nutrition and food choices. About how it was important to give their children fruit instead of buying them candy. There is no sanitation there, so we helped with community cleanup. We worked with the women teaching them about reproduction, family planning and

child rearing. And we helped them access medical services. Many of them had a deep distrust of the medical community because of the language barrier.”

Emily said it is difficult to assess what long-term impact they may have had in their work overall, but she knows she helped some people as individuals. She recalled the case of one older man in the village who suffered from cataracts. As a result, he was blind and a non-functioning member of the community. So the Fanjoys helped him get simple cataract surgery.

“It changed his whole family for the better,” she said. “Suddenly, he could be productive again. He could help his sons do the planting.”

She said the real benefit to the community may have been more subtle.

“I think just being there was the biggest accomplishment,” she explained. “We showed them that foreigners do follow through on things. We learned their language and gained their trust. We helped at church festivals and graduation ceremonies. We were part of their community.”

“We always say that we want to do things like this to help others, but in the end, we really are helping ourselves. Experiences like this change you forever.”

New effort under way to engage men in prevention

If we want to eliminate domestic violence from our community, it must involve everyone – both men and women.

It is with this in mind that Tillamook County Women's Resource Center is working to incorporate more men into discussions of the issue and its solution.

To help develop and implement a program to reach out to young men and adults throughout the county, we are applying for a two-year Department of Justice grant to fund outreach and education. If the grant application is successful, our plan is to roll out a major public awareness effort among men countywide.

However, men in our community are already taking leadership on the subject. Momentum began building in 2010, when a group of men who attended our "Imagine No Violence Summit" expressed an interest in meeting to look at ways to help change some of the elements of our culture that help perpetuate violence.

Leading that group is Tillamook County Justice Court Judge Neal Lemery.

"We've gotten together three or four times," Lemery explained. "Our wish is to



From left, Chris, a student in Tillamook Options Program, meets with Tim Hayes, Neal Lemery, Rich Gitschlig and Terri Neimann to plan future leadership gatherings.

work with kids from the Tillamook Options Program, which has a group of young men who meet weekly."

Several members of Lemery's group met with a ninth-grade representative of the TOPS group in late June to discuss the idea.

"The young man was very supportive of this idea," Lemery reported. "He believes it is important for young men to talk about the impact of violence and alternatives to violence. He hopes to get a group of other

young men to attend the next meeting."

Lemery said that meeting is scheduled for July 6.

"Our hope is to use these meetings to talk about feelings, perhaps find service projects the young men can get involved in.

"We want to bring in speakers on leadership, stopping rape, things like that. We want to engage the kids and give them an outlet so they can make changes in their lives."

Briefs

Next Steps

Our "Next Steps" group, which grew out of the 2010 "Imagine No Violence Summit," met in late June. Members mapped out a meeting plan for the 2011-12 year, including suggestions for public forum topics. The next meeting will be Tuesday, Aug. 9, from 4 to 5:30 p.m. at the Women's Resource Center office. It is open to anyone.

Providing leadership to others

For the past two years, we have been conducting a major public outreach and domestic violence campaign, with the help of a generous federal grant from the Office on Violence Against Women of the U.S. Department of Justice.

As a result, we were recognized for our work in late June when we were invited to present at the annual conference of the Oregon Coalition Against Domestic and Sexual Violence in Bend. Kathleen Marvin, Romy Carver and Deborah Yund described our prevention efforts, the media campaign, our

public forums, summit and our work in the schools. More than 40 leaders in domestic violence work from around the state attended. We are very honored to be considered leaders in the effort to combat domestic violence in Oregon.

Help with Healthy Kids Program

Thousands of families have found peace of mind through enrolling in the Healthy Kids program, Oregon's no-cost and low-cost health coverage program for kids and teens up to 19 years of age.

Women's Resource Center now is helping Tillamook County families apply and enroll in the Healthy Kids program. We will help fill out the application, obtain necessary documentation, answer questions and ensure the application is submitted.

Trained volunteers are available for appointments on Mondays and Fridays from 9 a.m. to noon at the WRC office at 1902 Second St. For more information or to schedule an appointment, call (503) 842-9486.

Learn more about the Healthy Kids program and apply online at www.OregonHealthyKids.gov or (877) 314-5678.

Healthy Relationships Class

Tillamook County Women's Resource Center Prevention Coordinator Terri Neimann will be teaching a college-level course on healthy relationships this fall at Tillamook Bay Community College.

The course, which will meet every Monday from 3 to 4 p.m. during the fall term, beginning Sept. 26, is for young adults or others who want to know how to choose an appropriate life partner and maintain a healthy relationship. Topics that will be covered include information about sexual violence and assault, how to foster healthy relationships and warning signs of unhealthy ones. It will provide you with the tools to help you make decisions that are right for you and are not dependent on outside influences. To sign up, contact TBCC at 4301 Third St., Tillamook, (503) 842-8222.

With Grateful Thanks!

We wish to thank the following supporters for their generous contributions. With your help, we continue our work to stop violence. Please forgive us if we have overlooked or misspelled your name. Please report errors by phone or e-mail to tcwrc@oregoncoast.com.

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